

## Build-Your Own SAS Survival Kit



### 1 Matches

You can buy packs of BCB Survival Matches (code BC25) which are windproof/waterproof for £4.95. We bought a cheap box of strike anywhere Swan Vesta matches and dipped the heads in hot candle wax to make them waterproof.

### 2 Candles

Great aid to fire lighting and creates light and heat. We chose a tea light which burns for up to 4 hours and can be bought in packs at your local supermarket from around £1 a pack.

### 3 Flint and Steel

Another fire lighting aid which you'll need to rely on should your matches run out! We chose this Mini Fireball from BCB (code CN340M) which costs £4.95.

### 4 Magnifying Glass

Allows you to start a fire using the power of sunlight. We bought this online for 99p with free p&p!

### 5 Sewing Kit

We made this one up from bits in a sewing box at home. It's worth including a big needle which can be threaded with the thicker cord for repairing thick materials as well.

### 6 Fishing Kit

Assorted hooks, weights and lines – which if necessary can be attached to the thicker cord.

### 7 Compass

This liquid filled button Explorer Compass (code AN08) can be sewn into your clothing if necessary and costs £1.95.

### 8 Light

A source of battery-powered light is essential for any survival situation – we chose this compact Micro Torch (code AA40) from BCB at £3.95 but you could also use any small handheld torch or keyring light from home.

### 9 Wire Snares

Snares can provide a readily available source of food and it's worth learning how to catch and prepare wild game. We made these using brass picture hanging wire. Check out the Cadet Direct blog for more details.

### 10 Commando Wire Saw

A flexible military wire saw that can be used to cut wide branches and smaller tree trunks – we chose the BCB Commando Wire Saw (code CM020) at £3.95.

### 11 Pencil, Paper and Survival Instructions

Instructions were found online and were printed on standard A4 paper. Waterproof paper is also a good idea if you've got it.

### 12 Scalpel Blades

Perfect for a wide range of survival activities including making a knife, hunting, food preparation and medical.

### 13 Water Carrier

Collecting and carrying water can be achieved using this zip lock sandwich bag. Can be bought in most supermarkets.

### 14 Water Purifying Tablets

Access to safe, clean drinking water is a top priority in a survival situation so include water purifying tablets in your kit – these are Oasis Water Purifying Tablets (code CR210) priced at £6.95 for 100.

### 15 Medical Kit

A homemade kit of assorted plasters, butterfly sutures, water purifying tablets, paracetamol & oral electrolyte powders for rehydration. Include any regular medicines you need to take.