

The contents of your bergan, plus your webbing, make up PLCE Marching Order. This photograph shows some recommended contents for an Adult Instructor's or Cadet NCO bergan and can be used as a basis for ideas.



1 AA06 S95 DPM Fleece (see page 4)

2 AB29 Assault Boots (see page 11)

3 SP21 Sleeper Xtreme (see page 15)

4 AS09 Basha Pole x2 (see page 15)

5 AA37 Tent Pegs x10 (see page 50)

6 AS01D DPM Basha (see page 15)

7 AA51 Survival Bag (see page 52)

8 AB10 Bungees x2 (see page 53)

9 AC64 Utility Straps (see website)

10 SP31 Snuggy Pillow (see page 17)

11 AS10 DPM Tracpac Bivi (see page 17)

12 WT07 Daysack Yoke (see page 27)

13 WT02 Web-Tex ¼Bergan (see page 26)

14 WT41 Dri Sack (see website)

15 AA15 T-Shirt OG (see page 6)

16 AA07 Norwegian Shirt (see page 4)

17 WT53 Thermal Wear (see website)

18 AB20 Mess Tin (see page 42)

19 AA58 Pangrip Holders (see website)

20 AA56 Alpine Micro Stove (see page 44)

21 AA56R1 Gas Cartridge (see page 44)

22 FCE001 24hr Rations (see page 45)

23 BC31L Field Dressing (see page 46)

24 AB17 58 Pattern Bottle (see page 43)

25 AB04 BCB Headover (see page 10)

26 AA12 OG Gaiters (see page 14)

27 AA26 DPM PVC Waterproof Suit (see page 4)

28 AA34 1000 Mile Liner (see page 14)

29 AA36 Commando Sock (see page 14)

30 BC45FS Fuel Sachets (see page 44)

31 BC39 Ultra Light Towel (see page 54)

32 WT57 Camo Face Wipe (see page 50)

33 WT43 Wash Bowl (see website)

34 WT21 Utility Roll (see page 49)

35 BC38 Body Soap/Hand Cleanser (see page 50 + website)

36 AS03 Sleeping Mat (see page 15)